Our School Community Newsletter



WARBY NEWS

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Week 10 Term 2

Calendar

Monday 13 July Staff Return to School Student Free Day Tuesday 14 July Students Return to School Thursday 16 July NAIDOC Performance at 1:45 Island Dreaming Friday 17 July K – 2 Athletics Carnival Thursday 23 July BBQ Fundraiser for Wakakirri Friday 24 July 3 – 6 Athletics Carnival



25th June 2015

Week Three NAIDOC Celebrations



NAIDOC celebrations at John Warby Public School will be held on the 16th of July. The day is an opportunity for all members of the school community to celebrate Aboriginal and Torres Strait Islander history, culture and achievement. The day is also a chance to recognise the outstanding contributions that Indigenous Australians make to our county, society and communities. The entire school hopes that all members of our school community can join us to celebrate. Students will be encouraged to wear red, black and yellow on the day. A thank you to the Aboriginal Education committee for organising the day.

School Camp

Last week I had the opportunity to attend the John Warby Public School Camp. It was a great three day camp at Cobbitty. The students took part in a variety of activities such as bushwalking and canoeing. I would like to thank staff for their participation at the camp.

Believe!!

In order to support students in achieving future goals we need to foster a belief in themselves and their future. Over the past few weeks the school has had special visitors: Gus Aiga, a former John Warby student who is currently studying education, working fulltime as a learning support officer and representing Mounties in the NSW Cup Football competition and Rhett Burraston, who has won the title of New South Wales Aboriginal Youth Ambassador and is currently working as an Aboriginal education Officer.

Both positive role models grew up in the area and believe in making a difference. It is our role as adults to teach our children that anything is possible if you work hard towards your goals. So take time to talk to your child about their dreams and believe anything is possible with a strong collaboration between the home and school.





Lack of Sleep

If students lack the necessary hours of sleep it can impact negatively on their learning. Research has clearly discovered that "sleep deprivation can cause daytime hyperactivity and decrease focused attention. This can be mistaken for Attention Deficit Hyperactivity Disorder (ADHD) or other behaviour disorders." – National Institutes of Health

We all know that lack of sleep can cause us to be drowsy, perform poorly at work, and be dangerous behind the wheel of a car. Ongoing sleepiness has more serious consequences. In students, a lack of sleep can have a negative effect on children's performance in school, on the playground, in extracurricular activities and in social relationships.

Inadequate sleep causes decreases in:

- Performance
- Concentration
- Reaction Times
- Consolidation of Information

Inadequate sleep causes increases in:

- Memory Lapses
- Accidents and Injuries
- Behaviour Problems
- Mood Problems, including irritability

In order to promote healthy sleeping patterns:

- Try to put your child to sleep at a regular time every night.
- Limit technology from the bedroom e.g. remove mobile phones, televisions and gaming units such as Playstation and Xbox.

Every student at John Warby Public School requires around ten hours sleep a night. This includes the weekend. It is important to promote healthy sleeping patterns for our students early in the school year to promote academic and social success. It is sometimes the simple changes we can make to a student's routine that can have a positive impact on their results.

Student of the Week

Congratulations to Kasey-Lee R of 6M for being Student of the Week. Kasey has displayed all the values of John Warby School by being a respectful, safe learner. She has also represented the school in a number of events such as the Rugby League gala day, Debating and school camp. Kasey is becoming a true school leader.

Class of the Week- Week Nine

Congratulations to class 3/4M for being the Class of the Week. 3/4M have been working hard over the past few weeks on achieving their learning and social outcomes. They are also constantly displaying the school expectations of being respectful and safe learners. A super effort 3/4M!!!!!

Class of the Week- Week Ten

Congratulations to class 3-6S for being the Class of the Week. 3-6S have not only been working towards the school of expectations of being respectful and safe learners. A number of the students had an outstanding time on the school camp to Teen Ranch. They took part in a wide variety of activities and made the most of opportunities presented to them. Well done 3-6S!

Safe Holidays

I would like to thank the staff and school community for a fantastic Term Two and I hope all the students have a relaxing and safe holiday.

Mr Robert Patruno Acting Principal



FUN TIMES IN KJ!!!

We were the first class to be awarded "Class of The Week". Thank you, Mr Petruno, for presenting us with this very special plaque. We were all feeling SUPER PROUD!!! We also had a surprise visit from Mr John Warby and his wife *(pictured)*. Our school was named after his great, great grandfather whose name was also John Warby. It was such a special day!!!



Kindergarten have been busy learning our letter sounds and sightwords. These are helping us to become the very clever readers and writers that we are...



All About 1/25!

This Term in 1/25 we have been having lots of fun learning experiences. In Science and Technology we have learnt about built environments. We read the text 'The Shack That Dad Built' to learn about the different materials buildings can be made from and discussed why certain materials are better than others.



Part of our learning was to design and create a cubby house that we think would be a great fit for the students at our school. We worked with a partner and built some creative cubby house ideas using Lego.







P & C News

Our next P & C meeting is on Tuesday 28th July at 9:15 in the office. All parents or helpers are welcome to join us as we have some exciting things planned for Terms 3 & 4. Upcoming meetings will be held on 25th August, 13th October, 10th November and 1st December.

Clothing pool times have changed. We are now available every Tuesday from 2pm to 3pm. Lots of winter clothes are available and donations of old clothes are welcome.

Our first week back in Term 3, the P & C will be getting a quote for all the blinds in the classrooms.

Also a survey will be handed out in the first few weeks back at school. If you could please fill it out and return it to the front office. That would be great!

National Quality Framework – Preschool

All DEC Preschools are now under National Regulations and need to meet certain requirements as governed by the law. There are 7 quality areas under National Standards. Our Quality Improvement Plan (QIP) is currently being updated. This is a record of our Preschools strengths and what we need to improve on and is a requirement of National Standards that we update it regularly. If any parents are interested in helping with this QIP by offering any advice or suggesting any improvements please speak to the Preschool Staff.

Our Preschool will be going through the assessment and rating process early in Term 3. This is where assessors will check if we are meeting the 7 quality areas by observing the centre, viewing documentation and speaking with children, educators and possibly families. A rating for each of the 7 areas will be given as well as an overall rating.

